



Grade-Appropriate Resources

Elementary

These grade-appropriate resource modules cover topics youth face today as they integrate technology use into their daily lives. Module subjects include privacy, digital peer pressure, online exploitation, cyberbullying and piracy. The resources below are intended for grades 3-5.

The four modules—Digital Citizenship, “P,” Who R U and Content—include videos, activities and worksheets to assist educators with Internet safety education efforts as well as resources to help parents create a positive digital culture at home.

Note: NetSmartz is a resource you’ll see used frequently throughout the Modules. You must register for this site to access some materials, but it is free.

Module 1: Digital Citizenship

A digital citizen is “someone who is able to think critically about the ethical opportunities and challenges of the ‘digital world’ and make safe, respectful, and responsible choices” (Common Sense Media, 2010).

This module includes information on how to be a good digital citizen, including how to practice netiquette (online etiquette), recognize cyberbullying, take personal responsibility for information posted online and sent via text, recognize that inappropriate images and comments should not be posted online or shared with friends and understand that piracy and plagiarism are stealing.

Topics covered in the activities and videos for Module 1:

- Personal Responsibility
- Netiquette
- Respecting Others Online
- Cyberbullying and the Bystander
- Stealing
 - Piracy
 - Plagiarism

Videos

- “Don’t Steal Like a Pirate” from NetSmartzKids (57 seconds)
 - <http://www.netsmartzkids.org/LearnWithClicky/DontStealLikeAPirate>
A rap about pirating or stealing music and other media.
- “Digital Etiquette” from BrainPop (3 minutes, 58 seconds)
 - <http://www.brainpop.com/technology/computersandinternet/digitaletiquette/>
This video explains digital etiquette (netiquette) online and gives examples for various online mediums.
- “My Online Neighborhood” from Common Sense Media
 - <https://www.commonsensemedia.org/videos/my-online-neighborhood>
- “It’s Ok to Tell” Video and Activity Cards from NetSmartzKids (7 minutes 52 seconds)
 - <http://www.netsmartz.org/NetSmartzKids/ItsOkToTell>

Student Activities and Worksheets

- “Who’s Is It, Anyway?” from Common Sense Media
 - <http://www.commonsensemedia.org/educators/lesson/whose-it-anyway-4-5>
- “My Online Community” from Common Sense Media
 - <http://www.commonsensemedia.org/educators/lesson/my-online-community-k-2>
- “What’s Cyberbullying?” from Common Sense Media
 - <http://www.commonsensemedia.org/educators/lesson/whats-cyberbullying-3-5>
- “Show Respect Online” from Common Sense Media
 - <http://www.commonsensemedia.org/educators/lesson/show-respect-online-k-2>
- “Digital Citizens Pledge” from Common Sense Media
 - <http://www.commonsensemedia.org/educators/lesson/digital-citizenship-pledge-3-5>
- “Power of Words” from Common Sense Media
 - <http://www.commonsensemedia.org/educators/lesson/power-words-4-5>
- “Group Think” from Common Sense Media
 - <http://www.commonsensemedia.org/educators/lesson/group-think-3-5>
- “Screen Out the Mean” from Common Sense Media
 - <http://www.commonsensemedia.org/educators/lesson/screen-out-mean-2-3>
- “Activity of the Month” from NetSmartzKids
 - <http://www.netsmartzkids.org/ActivityOfTheMonth>
- “Cyberbullying Word Find” from the Cyberbullying Research Center
 - <http://www.cyberbullying.org/cyberbullying-word-find-talking-to-youth-about-internet-harassment/>
- “Cyberbullying Crossword Puzzle” from the Cyberbullying Research Center
 - <http://www.cyberbullying.org/cyberbullying-crossword-puzzle-talking-to-youth-about-internet-harassment/>
- “Cyberbullying Word Trace” from the Cyberbullying Research Center
 - <http://www.cyberbullying.org/cyberbullying-word-trace/>
- “Student Climate Survey” from the Illinois Attorney General’s Office
 - <http://illinoisattorneygeneral.gov/cyberbullying/socialnormsposters/Survey%20Cards%20Grades%203%20to%205.pdf>
- “Rings of Responsibility” from Common Sense Media
 - <https://www.commonsensemedia.org/educators/lesson/rings-responsibility-4-5>
- “Super Digital Citizen” from Common Sense Media
 - <https://www.commonsensemedia.org/educators/lesson/super-digital-citizen-3-5>

Educator Resources

- “Cyberbullying Incident Tracking Form” from the Cyberbullying Research Center
 - <http://cyberbullying.org/cyberbullying-incident-tracking-form-2/>
- “Preventing Cyberbullying: Top Ten Tips for Educators” from the Cyberbullying Research Center
 - <http://www.cyberbullying.org/preventing-cyberbullying-top-ten-tips-for-educators/>
- “Responding to Cyberbullying: Top Ten Tips for Educators” from the Cyberbullying Research Center
 - <http://www.cyberbullying.org/responding-to-cyberbullying-top-ten-tips-for-educators/>
- “Social Norms Posters” from the Illinois Attorney General’s Office
 - http://illinoisattorneygeneral.gov/cyberbullying/for_educators.html

Module 2: “P”

Many tips for surfing the Internet start with the letter “P.” Students should know that anything posted online is both public and permanent, which is why it is important to think before you post.

Another important aspect of Internet safety is to not give out any personal or private information on the Internet. Other tips include setting strong passwords and utilizing privacy settings.

This module emphasizes the following “P” words as they relate to Internet safety:

- Public
- Permanent
- Personal
- Private
- Password Protection
- Privacy Settings

Videos

- “Follow the Digital Trail” from Common Sense Media (2 minutes, 28 seconds)
 - <https://www.common Sense Media.org/videos/follow-the-digital-trail>
This video illustrates the difference between online and offline footprints.
- “Cyberbullying: Broken Friendship” Video and Activity Cards from NetSmartz (1 minute, 49 seconds)
 - <http://www.netsmartz.org/stories/friendship.htm>
In this video, a student describes how a friend gives out the password for her email address to the “popular” girls who cyberbully her and how she reacts.
- “The Password Rap: A Lesson in Internet Privacy” from NetSmartzKids (2 minutes, 1 second)
 - <http://www.netsmartzkids.org/LearnWithClicky/ThePasswordRap>
A rap about why strong passwords are important Internet safety tools and how to make a strong password.
- “Faux Paw the Techno Cat” Videos and Books from iKeepSafe
 - <http://kids.ikeepsafe.org>
These videos and books contain Internet safety guidelines on topics such as safe downloading, time management, handling cyberbullying and following rules while online.

- “Internet Safety” from BrainPop Jr. (4 minutes, 32 seconds)
 - <http://www.brainpopjr.com/health/besafe/internetsafety/>
In this video, a student thinks through online safety concerns such as whether or not to chat with a stranger and how to be safe online.

Student Activities and Worksheets

- “Keep It Private” from Common Sense Media
 - <http://www.commonensemedia.org/educators/lesson/keep-it-private-k-2>
- Internet Safety Activity Cards from NetSmartz
 - <http://www.netsmartz.org/Resources>
- “Privacy Rules” from Common Sense Media
 - <http://www.commonensemedia.org/educators/lesson/privacy-rules-3-5>
- “Powerful Passwords” from Common Sense Media
 - <http://www.commonensemedia.org/educators/lesson/powerful-passwords-k-2>
- “Private and Personal Information” from Common Sense Media
 - <http://www.commonensemedia.org/educators/lesson/private-and-personal-information-3-5>
- “Workshop 2: Playing and Staying Safe Online – Student Handouts” from iKeepSafe
 - http://static.googleusercontent.com/external_content/untrusted_dlcp/www.google.com/en/us/educators/learning_materials/digitalliteracy/workshop2_student.pdf
- “Tip Sheets” from NetSmartz
 - <http://www.netsmartz.org/TipSheets>

Educator Resources

- “Workshop 2: Playing and Staying Safe Online – Instructor Booklet” from iKeepSafe
 - http://static.googleusercontent.com/media/books.google.com/en/us/educators/learning_materials/digitalliteracy/workshop2_instructor.pdf
- “Basic Internet Safety” Resources from NetSmartz
 - <http://www.netsmartz.org/InternetSafety>
- “Revealing Too Much” Resources from NetSmartz
 - <http://www.netsmartz.org/RevealingTooMuch>
- “Gaming” Resources from NetSmartz
 - <http://www.netsmartz.org/Gaming>
- “Follow the Digital Trail” from Common Sense Media
 - <https://www.commonensemedia.org/educators/lesson/follow-digital-trail-2-3>
- “Trillion Dollar Footprint” from Common Sense Media
 - <https://www.commonensemedia.org/educators/lesson/trillion-dollar-footprint-6-8>

Module 3: Who R U

There is a perceived anonymity online. As a result, some individuals pretend to be someone they are not. Users can misrepresent their age, gender, personality, location and other information. In addition, users can create false profiles to cyberbully or attack others. In fake profiles, a user pretends to be someone else, such as another student or adult, and posts rumors or inappropriate content.

Topics covered in the activities and videos in Module 3 include:

- Misrepresentation
- False Profiles
- Friending

Student Activities and Worksheets

- “Picture Perfect” from Common Sense Media
 - <http://www.commonsensemedia.org/educators/lesson/picture-perfect-3-5>
- “The Boy Who Loved IM” from NetSmartzKids Video (1 minutes 59 seconds) and Activity Card
 - <http://www.netsmartz.org/NetSmartzKids/BoyWhoLovedIm>

Educator Resources

- “Talking Safely Online” from Common Sense Media
 - <https://www.commonsensemedia.org/educators/lesson/talking-safely-online-3-5>

Module 4: Content

In addition to being mindful of whom they talk to online, students also need to be aware of the amount and type of information they post and how they represent themselves online.

Topics covered in the activities include:

- Online Profiles
- Personally Identifying Information
- Self-Representation Online in Texts, Photos and Videos
 - What Story Are You Telling?
 - What Is Your Digital Footprint?

Student Activities and Worksheets

- “Talking Safely Online” from Common Sense Media
 - <http://www.commonsensemedia.org/educators/lesson/talking-safely-online-3-5>
- “Keep it Private” from Common Sense Media
 - <https://www.commonsensemedia.org/educators/lesson/keep-it-private-k-2>
- “Private and Personal Information” from Common Sense Media
 - <https://www.commonsensemedia.org/educators/lesson/private-and-personal-information-3-5>

Additional Resources for Parents

- “Preventing Cyberbullying: Top Ten Tips for Parents” from the Cyberbullying Research Center
 - <http://cyberbullying.org/preventing-cyberbullying-top-ten-tips-for-parents-2/>
- “Cyberbullying Scripts for Parents to Promote Dialog and Discussion” from the Cyberbullying Research Center
 - <http://www.cyberbullying.org/cyberbullying-scripts-for-parents-to-promote-dialog-and-discussion/>
- “Responding to Cyberbullying: Top Ten Tips for Parents” from the Cyberbullying Research Center
 - <http://www.cyberbullying.org/responding-to-cyberbullying-top-ten-tips-for-parents/>
- “Children As Victims” from NetSmartz
 - <http://www.netsmartz.org/ChildrenAsVictims>
- “Predators” from NetSmartz
 - <http://www.netsmartz.org/Predators>
- “Revealing Too Much” from NetSmartz
 - <http://www.netsmartz.org/RevealingTooMuch>
- “Family Tip Sheets” for Grades K-12 from Common Sense Media
 - <http://www.common sense media.org/educators/educate-families/tip-sheets>
- “Basic Internet Safety” for Parents and Guardians from NetSmartz
 - <http://www.netsmartz.org/InternetSafety>
- “Tip Sheets” from NetSmartz
 - <http://www.netsmartz.org/TipSheets>

Additional Online Resources

BrainPOP

www.brainpop.com and www.brainpopjr.com

BrainPOP's websites include lesson plans and content for educators on a variety of topics including Internet safety and technology.

Cyberbullying Research Center

www.cyberbullying.org

The Cyberbullying Research Center's website provides research from Dr. Justin Patchin and Dr. Sameer Hinduja on cyberbullying and technology issues. In addition, the website includes activities, handouts, reference materials and tips for youth, parents and educators.

Common Sense Media Education

www.commonsensemedia.org/educators

Common Sense Media provides free lessons, videos and activities for grades k-12 regarding Internet safety, cyberbullying, privacy, manners and more, in addition to resources for educators and parents, current trends and research.

iKeepSafe

www.iKeepSafe.org

iKeepSafe's website provides information and interactive activities for parents and educators, as well as links to community resources. The site also posts ad campaigns and informative public service announcements regarding Internet safety.

NetSmartz

www.NetSmartz.org

NetSmartz's website offers educational materials for parents and guardians, educators, law enforcement, kids and teens from the National Center for Missing and Exploited Children and the Boys and Girls Clubs of America. The parent section includes information about online risks, Internet safety news, statistics and a glossary of Internet definitions. NetSmartz has also created an extensive curriculum structured to teach kids and teens online safety through safety presentations, public service announcements, online games and numerous other activities.

That's Not Cool

www.thatsnotcool.com

A partnership between the Family Violence Prevention Fund, the Ad Council and the Office on Violence Against Women, That's Not Cool's website features a wide variety of public service announcements and posters focusing on safe and responsible use of technology within relationships. The website also offers a blog forum for youth to discuss cyberbullying, sexting, Internet privacy and peer relations.