## Illinois Sexual Assault Nurse Examiner (SANE) Program Adult/Adolescent Clinical Training Log

https://www.illinoisattorneygeneral.gov/Safer-Communities/Responding-to-Sexual-Assault/SANE/

The goal of clinical training is to assist clinicians who have completed Adult/Adolescent SANE didactic training develop the knowledge and clinical skills required to become a sexual assault nurse examiner or sexual assault forensic examiner for adult/adolescent patient populations. This clinical training log is the Illinois SANE Program clinical competency tool and clinical requirements guide for individuals completing the Illinois Adult/Adolescent SANE Training and individuals working to become an AA SAFE.

The Illinois Sexual Assault Survivors Emergency Treatment Act defines a SANE as "an advanced practice registered nurse or registered professional nurse who has completed a sexual assault nurse examiner training program that meets the Sexual Assault Nurse Examiner Education Guidelines established by the International Association of Forensic Nurses" (410 ILCS 70/1a). IAFN indicates that registered nurses who perform medical forensic exams must receive didactic and clinical preparation to care for patients following sexual violence (IAFN Sexual Assault Nurse Examiner (SANE) Educational Guidelines).

To independently perform medical forensic examinations on post pubertal patients (defined as the onset of menses in females and the advent of secondary sex characteristics in males) and postmenopausal females and other older adult) sexual assault patients. The registered nurse or advance practice provider must complete and maintain certificates of completion for both:

- Adult/Adolescent 40-hour didactic SANE training consistent with the IAFN SANE Education Guidelines
- Adult/Adolescent clinical SANE training consistent with the IAFN SANE Education Guidelines

IAFN guidelines indicate that clinical training be completed with the guidance of a forensically experienced physician (AA SAFE), advanced practice nurse, or registered nurse (AA SANE or SANE-A). Clinical training should be completed in a time frame that ensures competency and maximum retention of knowledge and skills, typically within six months of completion of the didactic training. Required clinical skills shall be performed until the nurse demonstrates competence, and competency is determined by the professional assessing the required clinical skills.

While we recommend individuals complete their clinical training log within six months of didactic training, clinicians should demonstrate continuous education while working to obtain clinical competency.

# Please email a copy of your completed clinical training log and any additional documentation in PDF format to: <a href="mailto:sane@ilag.gov">sane@ilag.gov</a>

After review and confirmation that all required documentation is provided, you will be sent a certificate of completion for clinical training. Having a certificate of completion for **both** didactic and clinical training allows you to practice as an AA SANE or AA SAFE in the State of Illinois. If you will be practicing as an AA SANE or AA SANE or AA SANE or so a description of your job tittle.

Completion of clinical training <u>does not mean</u> that you are certified as an Adult/Adolescent SANE. Certification is granted through the Forensic Nursing Certification Board after passing an exam or submitting a portfolio. Please visit the International Association of Forensic Nurses website at <u>www.forensicnurses.org</u> for more information.

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**Please type or write legibly.** Any questions regarding these requirements should be directed to the Illinois SANE Coordinator. These are minimum standards for Illinois. Your institution may require additional clinical experiences to validate your competency. The Illinois Attorney General's SANE Program may follow up with the preceptors listed on your clinical log to verify the information provided, as necessary.

Preferred First Name	Last Name
Employer	
Address	Apt/Unit #
City	
Phone	
	igma Theta Tau Online, you must submit your certificate of completion.
Name of Mentor:	Email:

The recommendation is to proceed in the following order:

- Complete the entry level adolescent and adult assessment workbook.
- Observe an exam conducted by an experienced examiner (preferably a SANE-A)
- Perform a mock examination with a SANE-A
- Independently conduct exams with the experienced examiner present until competency is achieved.

Clinical Training Requirement	Date Completed
1. Entry Level Adolescent and Adult Assessment Workbook Summary	
2. Speculum Placement	
3. Anatomy and Technique Competency	
4. Specialized Equipment Proficiency Training	
5. Completion of a minimum of three Additional Training Opportunities	
6. Completion of a minimum of three Medical Forensic Examinations	
7. Completion of the 2-day Clinical Training OR Completion of Mock Exam	

#### Confirmation of Adult/Adolescent SANE Clinical Training Completion:

As the mentor for \_\_\_\_\_\_ (name of SANE or SAFE in-training), I certify that the information submitted in this clinical training log is true to the best of my knowledge and belief and is furnished in good faith. I acknowledge that this individual has completed the mandatory requirements for clinical training and confirm this individual has met the competency standards indicated in this clinical training log.

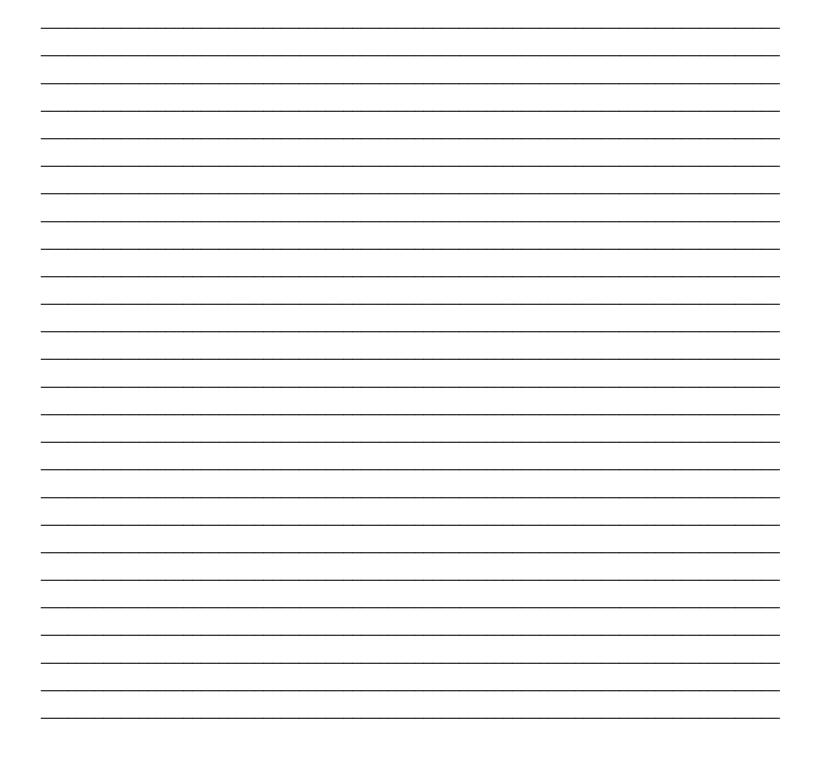
Printed Name and Title:	Signature:
	- • -

Phone:\_\_\_\_\_

# Illinois Sexual Assault Nurse Examiner (SANE) Program Adult/Adolescent Clinical Training Log

### 1. Entry Level Adolescent and Adult Assessment Workbook Summary

Complete the entry level adolescent and adult assessment workbook and provide a summary of what you learned and information you found helpful in the space provided below. DO NOT RETURN THE WORKBOOK!!!



## 2. Speculum Placement

**Primary Goal:** To provide training and practice techniques required for the physical examination of the external and internal structures of the vulva. SANEs and SAFEs use additional techniques (including labial separation, labial traction, Foley catheters and/or Fox swabs) to improve visualization of areas prone to injury/trauma. The clinician must place the speculum with successful visualization of the posterior fornix and cervical os.

Complete speculum placements with successful visualization of the posterior fornix and cervical os until proficiency is achieved. Please keep in mind that this is not a pelvic exam. Once competency is determined by your mentor, complete the verification of competency section below.

# Your preceptor for speculum placements can be a physician, advanced practice provider, AA SANE, SANE-A, or AA SAFE

Date	Facility/Location		chniques			Preceptor Name	Preceptor Signature
		LS 🗆	FC 🗆	FS 🗆	SP□		
		LS 🗆	FC 🗆	FS 🗆	SP□		
		LS 🗆	FC 🗆	FS 🗆	SP□		
		LS 🗆	FC 🗆	FS 🗆	SP□		
		LS 🗆	FC 🗆	FS 🗆	SP□		
		LS 🗆	FC 🗆	FS 🗆	SP□		
		LS 🗆	FC 🗆	FS 🗆	SP□		
		LS 🗆	FC 🗆	FS 🗆	SP□		
		LS 🗆	FC 🗆	FS 🗆	SP□		
		LS 🗆	FC 🗆	FS 🗆	SP□		
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		LS 🗆	FC 🗆	FS 🗆	SP□		
		LS 🗆	FC 🗆	FS 🗆	SP□		
		LS 🗆	FC 🗆	FS 🗆	SP□		
		LS 🗆	FC 🗆	FS 🗆	SP□		
		LS 🗆	FC 🗆	FS 🗆	SP□		
		LS 🗆	FC 🗆	FS 🗆	SP□		

Please indicate with a check mark the type of technique(s) used in the chart below. (LS: labial separation, LT: labial traction, FC: Foley catheters, FS: Fox swabs, and/or SP: speculum)

#### Verification of Competency by Mentor:

☐ This individual has demonstrated competency in speculum placement with successful visualization of the posterior fornix and cervical os for patients with a vulva.

Printed Name and Title:

Signature:

## 3. Anatomy and Technique Competency

**Primary Goal:** To validate competency of anatomy and techniques required during the physical examination of the external and internal structures of the anus, vulva and penis (indicate the correctly identified anatomy with a check mark).

V	ulva	Penis	
□ mons pubis	□ hymen	□ urethral meatus	□ penile shaft
🗆 labia majora	fossa navicularis	□ glans penis	□ scrotum
🗆 labia minora	posterior fourchette	□ corona of glans penis	□ testes
□ clitoral hood	posterior fornix	🗆 frenulum	□ perineum
□ clitoris		□ prepuce (foreskin)	□ anus
□ urethral meatus	□ cervical os		
□ vestibule	□ perineum		
□ periurethral bands	□ anus		

**Other visualization techniques to improve visualization and injury identification:** Clinician must perform at least three of the techniques for improved visualization listed below (indicate which three were completed with a check mark).

□ Labial separation

- □ Labial traction
- □ Foley catheter technique to visualize hymen
- □ Fox swab technique to visualize hymen

#### Verification of Competency by Mentor:

Date of Competency Validation (list multiple dates if necessary): \_\_\_\_\_

Printed Name and Title:\_\_\_\_\_

Signature: \_\_\_\_\_

## 4. Specialized Equipment Proficiency Training

**Primary Goal:** To gain knowledge in the use of an alternative light source, digital camera, colposcope, Foley catheter or Fox swabs, Toluidine blue dye, or other specialized equipment utilized during anogenital assessments. **Training is required for all equipment that a facility utilizes.** This training should <u>not</u> be performed on a sexual assault patient.

This section should be completed with an AA SANE, SANE-A, or AA SAFE.

Alternative light source I Not Available at facility
Date of Competency Validation (list multiple dates if necessary):
Printed Name and Title:
Signature:
Digital camera Digital camera Digital camera
Date of Competency Validation (list multiple dates if necessary):
Printed Name and Title:
Signature:
Colposcope Difference
Date of Competency Validation (list multiple dates if necessary):
Printed Name and Title:
Signature:
Foley catheter Interception Int
Date of Competency Validation (list multiple dates if necessary):
Printed Name and Title:
Signature:
Fox swabs
Date of Competency Validation (list multiple dates if necessary):
Printed Name and Title:
Signature:
Toluidine blue dyeImage: Not Available at facilityDate of Competency Validation (list multiple dates if necessary):
Printed Name and Title:
Signature:

## 5. Completion of a minimum of three Additional Training Opportunities

The clinician must complete at least 3 additional training opportunities, such as the following activities (please note this list is not exhaustive of training opportunities or types of training that may be beneficial to a SANE).

Illinois State Police Crime Lab Webinar offered by the Illinois Attorney General's Office Date:\_\_\_\_\_

The Illinois Department of Public Health Sexually Transmitted Infections Webinar offered by the **Illinois Attorney General's Office** 

Date: \_\_\_\_\_

#### **Observation at Criminal Trial Proceedings**

Primary Goal: To observ	and become familiar with criminal trial proceedings, particularly direct and	
cross examination of a v	ess. Preferably the testimony observed will be that of an expert witness. Th	is
can be coordinated with	e State's Attorney's Office victim witness coordinator, state SANE Coordinat	or,
or your mentor.		
Date:	Location:	
Name and Title of Withe	Observed	

Name and Title of Witness Observed:	
Printed Name and Title of individual who witnessed your attendance:	
Signature:	
Contact Phone or Email:	

#### **Forensic Photography Training**

Primary Goal: To ga	hands-on practice and experience with a digital camera and/or other photograp	bhy
equipment. Should b	completed with a forensic photography expert (crime scene investigator, detect	tive,
SANE or other indivi	al with specialized training)	
Date:	Location/Agency:	_
Printed Name and T	e of individual who witnessed your attendance:	
Signature:		

Contact Phone or Email:

#### Victim Services Agency

Primary Goal: To es	blish a collaborative relationship with victim services agency and staff. To learn f	full
range of services pr	ided.	
Date:	Location/Agency:	
Printed Name and T	e of individual who witnessed your attendance:	

## State's Attorney's Office Victim Witness Coordinator

Primary Goal: To establish a collaborative relationship with victim witness coordinator. To learn full range
of services provided and court process for victims and other witnesses.
Date: Location/Agency:
Printed Name and Title of individual who witnessed your attendance:
Signature:
Contact Phone or Email:
Law Enforcement Agency
Primary Goal: To establish a collaborative relationship with local law enforcement agency/sex crimes
unit.
Date: Location/Agency:
Printed Name and Title of individual who witnessed your attendance:
Signature:
Contact Phone or Email:
Other Training Opportunity:
Date: Location/Agency:
Printed Name and Title of individual who witnessed your attendance:
Signature:Contact Phone or Email:
Other Training Opportunity
Other Training Opportunity:
Date: Location/Agency:
Printed Name and Title of individual who witnessed your attendance:
Signature:
Contact Phone or Email:
Other Training Opportunity:
Date: Location/Agency:
Printed Name and Title of individual who witnessed your attendance:
Signature:
Contact Phone or Email:

## 6. Completion of a minimum of three Medical Forensic Examinations

Primary Goal: To gain competency in conducting medical forensic examinations, including use of informed consent, medical forensic history taking, head-to-toe assessments, detailed ano-genital exam, evidence collection using the Illinois State Police Sexual Assault Evidence Collection Kit, providing discharge instructions including STI/HIV prophylaxis and pregnancy prevention, planning for follow-up care, safety planning and the use of specialized examination techniques including forensic photography.

A **minimum** of three examinations are required; however, sexual assault examinations should be completed with a preceptor until the clinician has received a clinical completion certificate. The medical forensic examinations must include use of the Illinois State Police Sexual Assault Evidence Collection Kit. One mock exam may apply towards the minimum of three medical forensic examination. Document a summary of each exam below. Include what you observed and documented as findings or lack of findings, what specialized equipment/techniques were used, what you collected and why. Your preceptor may be an AA SANE, SANE-A, or AA SAFE. All examinations and photographs must be peer reviewed. Peer Review should be completed by an AA SANE, SANE-A or AA SAFE.

#### **Medical Forensic Examination #1:** Mock Exam

Printed Name and Title: _		
Preceptor's Signature:		
Preceptor's Email:		
Exam Date:	Time Since Assault:	
Patient's Age:	Patient's Gender:	

#### Place a check mark next to items completed during the medical forensic examination:

□ Advocate notified	🗆 Fox Swab	Radiology
□ Alternative light source	Head to Toe Exam	Safety plan
Chain of custody maintained	HIV prophylaxis	Speculum Insertion
CheckPoint education	Hospital billing notice	STI prophylaxis
Consent	Labial separation	STI testing
Crime Victim Compensation	Labial traction	Strangulation assessment
	Mandated reporting	🗆 TB Dye
Emergency contraception	Image: Miscellaneous swabs collected	Toxicology consent
Evidence collected	Pain medication	Voucher
Foley catheter	Photography	Wound care
□ Follow-up instructions	Pregnancy testing	

#### Brief assault history:

Description of findings:

#### Medical Forensic Examination #2: Mock Exam

Printed Name and Title:	
Preceptor's Signature:	
Preceptor's Email:	
Exam Date:	Time Since Assault:
Patient's Age:	Patient's Gender:

#### Place a check mark next to items completed during the medical forensic examination:

Advocate notified	Fox Swab	Radiology
Alternative light source	Head to Toe Exam	□ Safety plan
Chain of custody maintained	HIV prophylaxis	Speculum Insertion
CheckPoint education	Hospital billing notice	STI prophylaxis
Consent	Labial separation	STI testing
Crime Victim Compensation	Labial traction	Strangulation assessment
	Mandated reporting	□ TB Dye
Emergency contraception	Miscellaneous swabs collected	Toxicology consent
Evidence collected	Pain medication	□ Voucher
Foley catheter	Photography	Wound care
□ Follow-up instructions	Pregnancy testing	

## Brief assault history: \_\_\_\_\_

Description of findings:

#### Medical Forensic Examination #3: Mock Exam

Printed Name and Title:	
Preceptor's Signature:	
Preceptor's Email:	
Exam Date:	Time Since Assault:
Patient's Age:	Patient's Gender:

#### Place a check mark next to items completed during the medical forensic examination:

Advocate notified	Fox Swab	Radiology
Alternative light source	Head to Toe Exam	□ Safety plan
Chain of custody maintained	HIV prophylaxis	Speculum Insertion
CheckPoint education	Hospital billing notice	STI prophylaxis
Consent	Labial separation	STI testing
Crime Victim Compensation	Labial traction	Strangulation assessment
	Mandated reporting	□ TB Dye
Emergency contraception	Miscellaneous swabs collected	Toxicology consent
Evidence collected	Pain medication	□ Voucher
Foley catheter	Photography	Wound care
□ Follow-up instructions	Pregnancy testing	

## Brief assault history: \_\_\_\_\_

Description of findings:

#### Medical Forensic Examination #4: Mock Exam

Printed Name and Title:	
Preceptor's Signature:	
Preceptor's Email:	
Exam Date:	Time Since Assault:
Patient's Age:	Patient's Gender:

#### Place a check mark next to items completed during the medical forensic examination:

Advocate notified	Fox Swab	Radiology
Alternative light source	Head to Toe Exam	Safety plan
Chain of custody maintained	HIV prophylaxis	Speculum Insertion
CheckPoint education	Hospital billing notice	STI prophylaxis
Consent	Labial separation	STI testing
Crime Victim Compensation	Labial traction	Strangulation assessment
🗆 DFSA	Mandated reporting	🗆 TB Dye
Emergency contraception	Image: Miscellaneous swabs collected	Toxicology consent
Evidence collected	Pain medication	Voucher
Foley catheter	Photography	Wound care
□ Follow-up instructions	Pregnancy testing	

#### Brief assault history:

Description of findings:

Date of Peer Review:	Compl	eted With:		

#### Medical Forensic Examination #5: Mock Exam

Printed Name and Title:	
Preceptor's Signature:	
Preceptor's Email:	
Exam Date:	Time Since Assault:
Patient's Age:	Patient's Gender:

#### Place a check mark next to items completed during the medical forensic examination:

Advocate notified	Fox Swab	Radiology
□ Alternative light source	Head to Toe Exam	□ Safety plan
Chain of custody maintained	HIV prophylaxis	Speculum Insertion
CheckPoint education	Hospital billing notice	STI prophylaxis
Consent	Labial separation	□ STI testing
Crime Victim Compensation	Labial traction	Strangulation assessment
🗆 DFSA	Mandated reporting	□ TB Dye
Emergency contraception	Image: Miscellaneous swabs collected	Toxicology consent
Evidence collected	Pain medication	□ Voucher
Foley catheter	Photography	Wound care
□ Follow-up instructions	Pregnancy testing	

## Brief assault history: \_\_\_\_\_

Description of findings:

#### Medical Forensic Examination #6: Mock Exam

Printed Name and Title:	
Preceptor's Signature:	
Preceptor's Email:	
Exam Date:	Time Since Assault:
Patient's Age:	Patient's Gender:

#### Place a check mark next to items completed during the medical forensic examination:

Advocate notified	Fox Swab	Radiology
Alternative light source	Head to Toe Exam	□ Safety plan
Chain of custody maintained	HIV prophylaxis	Speculum Insertion
CheckPoint education	Hospital billing notice	STI prophylaxis
Consent	Labial separation	STI testing
Crime Victim Compensation	Labial traction	Strangulation assessment
	Mandated reporting	□ TB Dye
Emergency contraception	Miscellaneous swabs collected	Toxicology consent
Evidence collected	Pain medication	□ Voucher
Foley catheter	Photography	Wound care
□ Follow-up instructions	Pregnancy testing	

## Brief assault history: \_\_\_\_\_

Description of findings:

## 7. Completion of the 2-day Clinical Training OR Completion of Mock Exam

#### □ Attended the Illinois Attorney General 2-day Clinical SANE Training

Month and year of attendance: \_\_\_\_\_

OR

#### □ Completion of Mock Examination with a SANE-A

**Mock Exam Documentation Form:** The list provided below is not inclusive of all requirements; however, the list includes the minimum criteria necessary to practice as an AA SANE. Please check the information covered/demonstrated during the mock exam.

Explains/provides to the patient:

- Informed consent
- Procedures and equipment/techniques utilized.
- Rights to privacy and confidentiality

□ Obtains medical and forensic history using a trauma-informed approach and documents thoroughly according to agency standards

Performs thorough, patient-centered head-to-toe assessment, including detailed ano-genital assessment using a speculum (when appropriate) and other techniques and/or equipment.

□ Identifies, interprets, and appropriately documents findings of:

- Injury/trauma
- Normal variations
- Disease process

□ Using proper techniques, collects appropriate evidence according to local protocol, documents and maintains chain of custody of evidence

☐ Identifies and performs specimen collection for drug facilitated sexual assault, sexually transmitted infection, pregnancy, and HIV testing

□ Using proper techniques, performs forensic photography accurately

□ Performs psychosocial assessment that includes

- Crisis intervention
- Suicide and safety assessment and planning
- Referrals
- Culturally sensitive approach

□ Provides appropriate medication, discharge instructions and referrals based on needs.

Date Mock Exam Performed: \_\_\_\_\_ Printed Name of SANE-A:\_\_\_\_\_

Signature: \_\_\_\_\_